



Welcome (Karibu in Swahili) to Mvuvu Beach Restaurant.
We hope you enjoy your stay with us. All our food is made fresh.
No fast (haraka haraka) food. Pole pole meaning no rush,
hakuna matata, meaning no worries.
We are learning from the Swahili culture
and hope that you embrace it as much as we do.

If you are curious about our name: MVUVU means fisherman in Swahili.
The doors of this little hotel opened in 2007, at the time
most of the inhabitants on the coast were fishermen.
Providing us with fresh fish and seafood, they
quickly became an important part of our life.
You may have noticed some former fishing boats
being crafted into furniture here at our hotel.
Enjoy and feel at home! Karibu!

Full Board clients have a complementary 2-course lunch.
Full Board & Half Board clients have a
complementary 3-course dinner and a 50% discount on the grilled seafood.
Credit Card Charges 5%

Breakfast Menu

Drinks

Tanzanian coffee, Tea (see drink menu), Cocoa, Homemade fruit juice

Eggs of your choice

- Macho ya Ngombe (sunny-side eggs)
- Kiwanda (omelet) : plain, spanish,
- Mayai Ya Kuchemsha (boiled eggs)
- Scrambled eggs

Pastries

- Toast
- Chila (Gluten-free rice delicacy)
- Mandasi (swahili beignet)
- Pancakes
- Crepes



Enjoy our homemade jams and spreads : chocolate, exotic fruits, tomatoes...

Choice of plates

Vegan & Gluten free options on demand

Fruit platter

A choice of mixed seasonal fruits

Zanzibar avocado

Avocado toast, homemade gomazio, fried eggs & tomato wedges

Swahili toast

Pan fried toast dipped in eggs with a choice of either Banana & homemade chocolate or Ham, Cheese & Tomato

Maharague

Swahili beans, Sausage & Toast with eggs of your choice

Tanzanian yogurt bowl

Sliced fruits, oats & honey

Poached hard mayai

Poached hard eggs on toast with Mchicha (swahili spinach) and bacon

Karanga porridge

with peanut butter and homemade granola

External guests 17\$ per person

Healthy Drinks

All our smoothies are made with fresh, local fruits and vegetables, so they are seasonal and may not always be available

7\$

Swahili smoothie

Passion, mango, pineapple with a hint of coconut milk

Morning detox

Turmeric, fresh grated ginger, Citrus, honey & warm water

Green smoothie

Zucchini, Mchicha (local spinach), banana, peanut butter & cashew nut milk

Hibiscus & baobab power

Hibiscus tea with baobab powder, minth & honey

Detox smoothie

Broccoli, banana, ginger, turmeric & Moringa

Zanzibar KOMBUCHA

Hibiscus, Ginger & Turmeric, Cinnamon & Clove or Lemongrass

Drinks

Sodas & Water

Cola, Fanta, Sprite, Bitter Lemon, Stoney, Tonic Water, Still Water, Sparkling Water - 2\$

Tanzanian Tea

Coco Choco, Cinnamon Spice, Hibiscus Star, Lemongrass Moringa, Kilimanjaro grenn tea, Kilimanjaro black tea, Zanzibari Chai, Ginger Mint, Golden Chamomile - 3\$

Hibiscus Iced Tea Home Made

Homemade - 3\$


Zanzibari Farmer's Fresh

Coconut - 3\$, Fruit Juice - 4\$

Tanzanian Coffee

Americano, Espresso, Cappuccino, Latte Macchiato, Iced Latte - 3\$

Wines

| White Wine – South Africa |  |  | Red Wine – South Africa |  |  |
|---------------------------|---|---|-------------------------|---|---|
| Chenin Blanc | 37\$ | | Merlot | 31\$ | 8\$ |
| Sauvignon Blanc | 31\$ | 8\$ | Pinotage | 32\$ | |
| Chardonnay | 37\$ | | Cabernet Sauvignon | 37\$ | |
| | | | Syrah | 48\$ | |
| Sparkling | | | Rosé – South Africa | | |
| Classique | 39\$ | 8\$ | Blanc de Noir | 34\$ | 8\$ |
| Cuvée | 44\$ | | Of the month | 37\$ | |
| France Moët | 128\$ | | | | |

Beer and Cider

Kilimanjaro, Serengeti, Safari, Heineken, Savanna Cider 5\$

Cocktails and Spirits

Whisky, Gin, Martini, Rum, Dark Rum, Vodka, Tequila, Konyagi, Amarula, 4\$
Zanzibar Elixir - 2cl

International 9\$

Mojito

White Rum, Lime, Mint, Soda Water

Margarita

Tequila, Triple sec, Lime, Salt

Aperol Spritz

Aperol, Sparkling Wine, Soda Water

Moscow Mule

Fresh Lime Juice, Local Ginger Soda, Vodka

Gin Tonic

Local 9\$

Zanzibar Beach

Konyagi*, Blue curacao, Fresh Fruit

Dawa of Kiwengwa Reef

Konyagi*, Honey, Lime

Coconut love

Fresh Zanzibar Coconut, Malibu

Pina Colada Zanzibari

Fresh Coconut, Pineapple, Rum

*a local spirit made of sugar cane

Cocktail of the day 8\$

Mocktail of the day 6\$

Starters



Cured Smoked Tuna
with green mango salad

11\$



Indian ocean ceviche
with coconut marinated vegetables

11\$



Bruschetta trio
fresh tomatoes, eggplant, avocado

8\$

Garlic Chili Prawns
with olive oil, fresh herbs, grilled lime

11\$



Pumpkin Ginger Soup

8\$



Green Banana & Pineapple Soup

8\$

Fish Soup

8\$

Salads and Bowls



Octopus Salad
Zanzibari potatoes

15\$



Avocado Salad *
Served with focaccia

12\$



Mango Salad (seasonal) *
Served with focaccia

11\$



Rainbow Bowl *
Mix of seasonal veggies with quinoa
& tahini sauce

11\$

*** EXTRAS**

tuna, prawns, chicken – each + 3\$

chickpeas, lentils, beans – each + 2\$

without focaccia



Homemade pastas

| | |
|--|------|
| Indian Ocean Linguine | 16\$ |
| fresh crab sauce | |
| Gnocchi Bibi | 12\$ |
| homemade green banana gnocchi & pesto of zucchini and mint | |
| Ravioli Babu | 15\$ |
| fresh tomato sauce with spinach filling | |

Veggie corner

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|--|------|
| Mama's Veggie Stir-Fry | 14\$ |
| A colourful medley of fresh vegetables tossed in a savoury sauce, served over tender noodles | |







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|--|------|
| Zanzibari Pumkin Curry | 13\$ |
| A fragrant pumpkin curry infused with exotic spices and served with rice | |







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| Jackfruit Meat Stew and Sweet Potatoes (Seasonal) | 16\$ |
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Fish and Seafood mains

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|--|---|------|
| | Fritto Misto selected seafood in tempura batter, aioli, house fries | 18\$ |
|  | Octopus Coconut Sauce Swahili recipe with rice | 16\$ |
|  | Sailfish in Lime Butter Sauce served with mashed organic potatoes | 20\$ |
|  | Lobster on the grill grilled vegetables, house fries | 40\$ |
|  | Mvuvi Seafood Mix on the grill lobster, rock lobster, octopus, prawns, fish with grilled vegetables, house fries | 58\$ |

Meat mains

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|---|---|------|
|  | Steak Frites beef tenderloin, house fries, mustard | 20\$ |
|  | Swahili Chicken Biriani local spices with chicken and rice | 19\$ |
|  | Braised Beef mashed potato, red wine sauce | 20\$ |
|  | Zanzibar Pilau Chicken Curry spiced rice, chicken curry and coconut | 19\$ |

Desserts



Vegan cashew nut panna cotta & spicy sirup

8\$

Chocolate delice- fusion of cake and pudding
with vanilla ice cream

8\$

I scream on the beach
vanilla ice cream with caramelized & sweet spiced pineapple

8\$

Passion Fruit Cheesecake
with vanilla ice cream

8\$

Coconut Tiramisu
fresh coconut and sparkles of chocolate

8\$



Swahili Fruit salad

8\$