The Beach Jounge 7AN7IBAR

Welcome - Karibu in Swahili to The Beach Lounge. This is a place designed for you to relax and enjoy. Feel free to use our sunbeds and our little outdoor gym. Do not forget to also visit our Watersports Center where we offer Kitesurfing, Wing-foiling and Stand-up-Paddle.

Mvuvi Boutique Resort Full Board clients have a complementary 2-course lunch.

Full Board & Half Board have a complementary 3-course dinner and a 50% discount on the grilled seafood. Credit Card Charges 5%

Sunbeds for non-Mvuvi clients have a 20 USD per person fee and are subject to reservation and availability.

Breakfast Menn

### Drinks

Tanzanian coffee, Tea (see drink menu), Cocoa, Homemade fruit juice

## Eggs of your choice

- Macho ya Ngombe (sunny-side eggs)
- Kiwanda (omelet) : plain, spanish,
- Mayai Ya Kuchemsha (boiled eggs)
- Scrambled eggs

## Pastries

- Toast
- Chila (Gluten-free rice delicacy)

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- Mandasi (swahili beignet) 💭
- Pancakes
- Crepes

Enjoy our homemade jams and spreads : chocolate, exotic fruits, tomatoes...

# Choice of plates

Vegan & Gluten free options on demand

## Fruit platter

A choice of mixed seasonal fruits

## Swahili toast

Pan fried toast dipped in eggs with a choice of either Banana & homemade chocolate or Ham, Cheese & Tomato

## Poached hard mayaï

Poached hard eggs on toast with Mchicha (swahili spinach) and bacon

## Zanzibar avocado

Avocado toast, homemade gomazio, fried eggs & tomato wedges

#### Maharague

Swahili beans, Sausage & Toast with eggs of your choice

## Tanzanian yogurt bowl

Sliced fruits, oats & honey

## Karanga porridge

with peanut butter and homemade granola

Healthy Drinks

All our smoothies are made with fresh, local fruits and vegetables, so they are seasonal and may not always be available

7\$

# Swahili smoothie

Passion, mango, pineaple with a hint of coconut milk

# Morning detox

Turmeric, fresh grated ginger, Citrus, honey & warm water

## Green smoothie

Zucchini, Mchicha (local spinach), banana, peanut butter & cashew nut milk

## Detox smoothie

Broccoli, banana, ginger, turmeric & Moringa

## **Turmeric** latte

Milk with zanzibari turmeric and a hint of honey

## Hibiscus & baobab power

Hibiscus tea with baobab powder, minth & honey

## Zanzibar KOMBUCHA

Hibiscus, Ginger & Turmeric, Cinnamon & Clove or Lemongrass

Drinks

## Sodas & Water

Cola, Fanta, Sprite, Bitter Lemon, Stoney, Tonic Water, Still Water, Sparkling Water - 2\$

# Tanzanian Tea

Coco Choco, Cinnamon Spice, Hibiscus Star, Lemongrass Moringa, Kilimanjaro grenn tea, Kilimanjaro black tea, Zanzibari Chai, Ginger Mint, Golden Chamomile - 3\$

# Tanzanian Coffee

Americano, Espresso, Cappuccino, Latte Macchiato, Iced Latte - 3\$

# Zanzibari Farmer's Fresh

Coconut - 3\$, Fruit Juice - 4\$

Hibiscus Iced Tea Homemade - 3\$

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White Wine – South Africa		Ţ	Red Wine – South Africa		Y
Chenin Blanc	37\$		Merlot	31\$	8\$
Sauvignon Blanc	31\$	8\$	Pinotage	32\$	
Chardonnay	37\$		Cabernet Sauvignon	37\$	
			Syrah	48\$	
Sparkling					
Classique	39\$	8\$	Rosé – South Africa		
Cuvée	44\$	- +	Blanc de Noir	34\$	8\$
France Moet	128\$		Of the month	37\$	

Reer and Cider

Kilimanjaro, Serengeti, Safari, Heineken, Savanna Cider

5\$

Cocktails and Spirits

Whisky, Gin, Martini, Rum, Dark Rum, Vodka, Tequila, Konyagi, Amarula, 4 Zanzibar Elixir - 2cl

# International 9\$

Mojito White Rum, Lime, Mint, Soda Water

Margarita Tequila, Triple sec, Lime, Salt

Aperol Spritz Aperol, Sparkling Wine, Soda Water

Moscow Mule Fresh Lime Juice, Local Ginger Soda, Vodka

Gin Tonic

Local 9\$

Zanzibar Beach Konyagi\*, Blue curacao, Fresh Fruit

> Dawa of Kiwengwa Reef Konyagi<sup>\*</sup>, Honey, Lime

Coconut love Fresh Zanzibar Coconut, Malibu

Pina Colada Zanzibari Fresh Coconut, Pineapple, Rum

\*a local spirit made of sugar cane

Cocktail of the day 8\$

Mocktail of the day 6\$

Snack and Appetizers

8\$

8\$

11\$

8\$

8\$

VEGAN	Spread the Love Trio of vegetable spreads with Chapati
VEGAN	Samosa Fish Meat Vegetables
	Katlesi Swahili fish fingers with coconut sauce
	Mchicha & Mozzarella Crunchies Local spinach deep fried bites
	<b>Cassava bliss bites</b> Served with a coconut chutney

Burgers Wraps and Sandwiches

Served with a choice of either, potato chips, green banana chips or garden salad

	Avocado Swahili BLT	13\$
	Crispy bacon, fresh lettuce, juicy tomatoes, and a creamy avocado sauce, served in crunchy homemade bread.	
57	Chapati Wrap	
VEGAN	Vegetables	12\$
	Chicken	14\$
	Fish	14\$
	Burger	16\$
	Beef	
	Chicken	
VEGAN	Vegan with braised Jackfruit and avocado slaw	

On the grill

Served with a choice of either, grilled vegetables, chips or grilled ugali (Swahili specialty with white cornflower)

()	Mango marinated chicken	14\$
	Papaya marinated beef	16\$
( , , , , , , , , , , , , , , , , , , ,	Tamarin tuna steak	16\$
	Orange & lime jumbo prawns	25\$
	Octopus or Calamari	17\$
	Lobster	30\$

Veggies and Salads

VEGAN	Avocado salad served with fresh herbes dressing & focaccia	11\$
VEGAN	Green papaya salad served with focaccia	11\$
VEGAN	Red lentil dahl served with chapati or ugali	12\$
VEGAN	Jackfruit vegan wings (seasonal) served with chips	12\$

Homemade pastas

Green banana gnocchis in tomato sauce

12\$

Seafood linguine with squid ink & tomato sauce

16\$

Pillas

<b>Margherita</b> tomato, mozzarella, oregano, fresh basil	10\$
<b>Octopus Carpaccio</b> tomato, mozzarella, thin sliced octopus	15\$
<b>Seafood</b> tomato, mozzarella, seafood	15\$
<b>Tuna</b> tomato, mozzarella, fresh tuna, red onions	15\$
<b>Spicy Salami</b> tomato, mozzarella, spicy salami	14\$
<b>Cooked Ham</b> tomato, mozzarella, prosciutto cotto	14\$
Ham & Pineapple tomato, mozzarella, fresh pineapple, prosciutto cotto	15\$
<b>Chicken &amp; Bell peppers</b> tomato, mozzarella, chicken, bell peppers	15\$
<b>Crispy Bacon &amp; Onions</b> tomato, mozzarella, bacon, red onions	15\$
<b>Vegetarian</b> tomato, mozzarella, grilled vegetables	11\$
Swahili tomato, mozzarella, spinach and coconut	11\$
<b>Chizi</b> tomato, mozzarella, parmesan, gorgonzola, cheddar	12\$

Desserts

Choice of ice-cream Vanilla Chocolate Spices Passion Coconut Lemon	2\$ per scoop
Swahili fruit salad	8\$
Coconut cake	8\$
Carrot cake	8\$