

The Beach Lounge

ZANZIBAR

Welcome - Karibu in Swahili to The Beach Lounge.
This is a place designed for you to relax and enjoy.
Feel free to use our sunbeds and our little outdoor gym.
Do not forget to also visit our Watersports Center
where we offer Kitesurfing, Wing-foiling and Stand-up-Paddle.

Mvuvu Boutique Resort Full Board clients have a complementary
2-course lunch.

Full Board & Half Board have a complementary 3-course dinner
and a 50% discount on the grilled seafood.
Credit Card Charges 5%

Sunbeds for non-Mvuvu clients have a 20 USD per person fee and are
subject to reservation and availability.

Breakfast Menu



Drinks

Tanzanian coffee, Tea (see drink menu), Cocoa, Homemade fruit juice

Eggs of your choice

- Macho ya Ngombe (sunny-side eggs)
- Kiwanda (omelet) : plain, spanish,
- Mayai Ya Kuchemsha (boiled eggs)
- Scrambled eggs

Pastries

- Toast
- Chila (Gluten-free rice delicacy) 
- Mandasi (swahili beignet) 
- Pancakes
- Crepes



Enjoy our homemade jams and spreads : chocolate, exotic fruits, tomatoes...

Choice of plates

Vegan & Gluten free options on demand

Fruit platter

A choice of mixed seasonal fruits

Zanzibar avocado

Avocado toast, homemade gomazio, fried eggs & tomato wedges

Swahili toast

Pan fried toast dipped in eggs with a choice of either Banana & homemade chocolate or Ham, Cheese & Tomato

Maharague

Swahili beans, Sausage & Toast with eggs of your choice

Tanzanian yogurt bowl

Sliced fruits, oats & honey

Poached hard mayai

Poached hard eggs on toast with Mchicha (swahili spinach) and bacon

Karanga porridge

with peanut butter and homemade granola

External guests 17\$ per person

Healthy Drinks

All our smoothies are made with fresh, local fruits and vegetables, so they are seasonal and may not always be available

7\$

Swahili smoothie

Passion, mango, pineapple with a hint of coconut milk

Morning detox

Turmeric, fresh grated ginger, Citrus, honey & warm water

Green smoothie

Zucchini, Mchicha (local spinach), banana, peanut butter & cashew nut milk

Turmeric latte

Milk with zanzibari turmeric and a hint of honey

Detox smoothie

Broccoli, banana, ginger, turmeric & Moringa

Hibiscus & baobab power

Hibiscus tea with baobab powder, minth & honey

Zanzibar KOMBUCHA

Hibiscus, Ginger & Turmeric, Cinnamon & Clove or Lemongrass

Drinks

Sodas & Water

Cola, Fanta, Sprite, Bitter Lemon, Stoney, Tonic Water, Still Water, Sparkling Water - 2\$

Tanzanian Coffee

Americano, Espresso, Cappuccino, Latte Macchiato, Iced Latte - 3\$

Tanzanian Tea

Coco Choco, Cinnamon Spice, Hibiscus Star, Lemongrass Moringa, Kilimanjaro grenn tea, Kilimanjaro black tea, Zanzibari Chai, Ginger Mint, Golden Chamomile - 3\$





Zanzibari Farmer's Fresh

Coconut - 3\$, Fruit Juice - 4\$

Hibiscus Iced Tea

Homemade - 3\$

Wines

White Wine - South Africa			Red Wine - South Africa		
Chenin Blanc	37\$		Merlot	31\$	8\$
Sauvignon Blanc	31\$	8\$	Pinotage	32\$	
Chardonnay	37\$		Cabernet Sauvignon	37\$	
			Syrah	48\$	
Sparkling			Rosé - South Africa		
South African	39\$	8\$	Blanc de Noir	34\$	8\$
South African- cuvée	44\$		Of the month	37\$	
France Moet	128\$				

Beer and Cider

Kilimanjaro, Serengeti, Safari, Heineken, Savanna Cider 5\$

Cocktails and Spirits

Whisky, Gin, Martini, Rum, Dark Rum, Vodka, Tequila, Konyagi, Amarula, 4\$
Zanzibar Elixir - 2cl

International 9\$

Mojito

White Rum, Lime, Mint, Soda Water

Margarita

Tequila, Triple sec, Lime, Salt

Aperol Spritz

Aperol, Sparkling Wine, Soda Water

Moscow Mule

Fresh Lime Juice, Local Ginger Soda, Vodka

Gin Tonic

Cocktail of the day 8\$

Local 9\$

Zanzibar Beach

Konyagi*, Blue curacao, Fresh Fruit

Dawa of Kiwengwa Reef

Konyagi*, Honey, Lime

Coconut love

Fresh Zanzibar Coconut, Malibu

Pina Colada Zanzibari

Fresh Coconut, Pineapple, Rum

*a local spirit made of sugar cane

Mocktail of the day 6\$

Snack and Appetizers



Spread the Love

Trio of vegetable spreads with Chapati

8\$

Samosa

Fish

Meat

Vegetables



8\$

Katlesi

Swahili fish fingers with coconut sauce

11\$

Mchicha & Mozzarella Crunchies

Local spinach deep fried bites

8\$



Cassava bliss bites

Served with a coconut chutney

8\$

Burgers Wraps and Sandwiches

Served with a choice of either, potato chips, green banana chips or garden salad

Avocado Swahili BLT

Crispy bacon, fresh lettuce, juicy tomatoes, and a creamy avocado sauce, served in crunchy homemade bread.

13\$



Chapati Wrap

Vegetables

Chicken

Fish

12\$

14\$

14\$

Burger

Beef

Chicken









Vegan with braised Jackfruit and avocado slaw





16\$

On the grill

Served with a choice of either, grilled vegetables, chips or grilled ugali (Swahili specialty with white cornflower)

	Mango marinated chicken	14\$
	Papaya marinated beef	16\$
	Tamarin tuna steak	16\$
	Orange & lime jumbo prawns	25\$
	Octopus or Calamari	17\$
	Lobster	30\$

Veggies and Salads

	Avocado salad served with fresh herbes dressing & focaccia	11\$
	Green papaya salad served with focaccia	11\$
	Red lentil dahl served with chapati or ugali	12\$
	Jackfruit vegan wings (seasonal) served with chips	12\$

Homemade pastas

Green banana gnocchis in tomato sauce	12\$
Seafood linguine with squid ink & tomato sauce	16\$

Pizzas

Margherita tomato, mozzarella, oregano, fresh basil	10\$
Octopus Carpaccio tomato, mozzarella, thin sliced octopus	15\$
Seafood tomato, mozzarella, seafood	15\$
Tuna tomato, mozzarella, fresh tuna, red onions	15\$
Spicy Salami tomato, mozzarella, spicy salami	14\$
Cooked Ham tomato, mozzarella, prosciutto cotto	14\$
Ham & Pineapple tomato, mozzarella, fresh pineapple, prosciutto cotto	15\$
Chicken & Bell peppers tomato, mozzarella, chicken, bell peppers	15\$
Crispy Bacon & Onions tomato, mozzarella, bacon, red onions	15\$
Vegetarian tomato, mozzarella, grilled vegetables	11\$
Swahili tomato, mozzarella, spinach and coconut	11\$
Chizi tomato, mozzarella, parmesan, gorgonzola, cheddar	12\$

Desserts

Choice of ice-cream

2\$ per scoop

Vanilla

Chocolate

Spices

Passion

Coconut

Lemon



Swahili fruit salad

8\$



Coconut cake

8\$

Carrot cake

8\$